

# CHILDHOOD TRAUMA

## Behavior changes:

- Temper tantrums
- Meltdowns
- Crying
- Difficulty separating from trusted adults
- Fear of new people
- Avoidance of certain situations



## Regression:

- Bed-wetting
- Loss of self-help skills
- "Baby talk"
- Physical complaints (tummy aches / headaches)
- Learning difficulties
- Trouble switching between tasks, focusing, listening, grasping new concepts

