

HOW TO BUILD A KINDNESS CONTRACT

1^o STEP

Introduce the Concept: Begin with a group discussion about how everyone wants to feel in the classroom. Use age-appropriate language to talk about respect, kindness, and safety.



2^o STEP



Brainstorm Together: Encourage children to think of behaviors that make them feel good and safe in the classroom. Guide them to consider actions that are respectful and kind to others.

3^o STEP

Draft the Contract: Write down children's ideas in simple, clear language and include related visuals.



4^o STEP



Discuss and Finalize: Review each point with the class, ensuring understanding and agreement. This process reinforces the importance of each norm and gives a sense of ownership.

5^o STEP

Create a Visual Contract: Turn the finalized list into a colorful and engaging poster. Include illustrations or have the children contribute drawings. This visual element is crucial for young children.



6^o STEP



Signing the Contract: Have a special ceremony where each child signs the contract, either with their name or a thumbprint. This makes their commitment more tangible.

7^o STEP

Regularly Revisit the Contract: Frequently refer to the contract in everyday situations. Praise examples of following the norms and gently remind students of the contract when necessary.



8^o STEP



Involve Families: Share the contract with families. This helps reinforce the same values at home and creates a consistent environment for the child.