

Preschool/Pre-K Activity 1

Alphabet Bowling

Materials

Large plastic cups or bowling pins, marker, tape, soft ball, alphabet cards (optional)

Instructions

Write different letters on each of the cups or pins. Set up the cups in a bowling formation or other pattern far enough away from children. Tape a line on the floor for children to stand behind to take their turn trying to knock the letters over with the ball. Use the alphabet cards to visually prompt children to identify letters if needed. Great for one-on-one practice or taking turns in a group!



Literacy. Movement (Gross Motor)

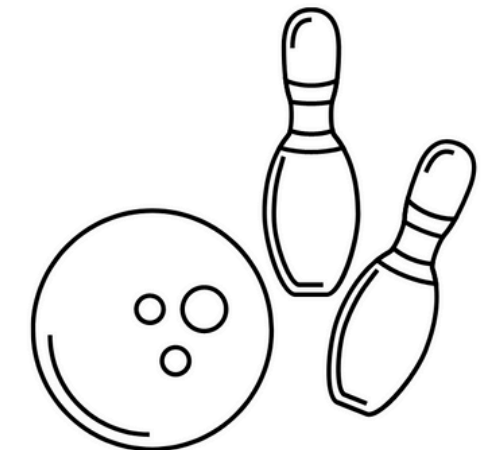


ECSEL Prompts

- Wow! You knocked over the cup on your first try. What does that make you feel?
- Whoops! The ball went a little too far past the cups. What can you do differently next time?
- What letters are you aiming for this time? What sound do those letters make?
- Are you feeling disappointed because you missed the cup you were aiming for? I understand. Let's try again!

Tips

Try this activity in teams with group goals to encourage collaboration and teamwork, and help further strengthen children's communication, problem-solving, and prosocial skills!



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